

How can you help your child during remote learning?

- **Take an interest in whether your child is receiving exercises from school and whether he or she understands them.** School goes on, even though your child is not currently going there. Make sure that you and your child are informed about what is happening at school, that your child is receiving regular work to do at home and that he or she understands the instructions and is able to do the work alone.
- **Communicate with the school.** If your child's Czech is not that great and you are unable to help or if there is any other reason why your child cannot complete the set tasks, contact the class teacher and let him or her know. There is nothing to be ashamed of. Many Czech parents have also found themselves in a similar situation. The teacher is sure to understand and assist you.
- **Create an environment where your child can study.** Introduce a regular regimen similar to during a regular school day. Your child should get up and go to sleep at approximately the same time. The morning should be devoted to school work. Don't forget to include time for rest, playing outside or doing some small chores in the household.
- **Help your child with scheduling and sending in the homework.** Even if you cannot help your child with completing the tasks, you can help him or her to schedule them. It is sufficient to complete one or two tasks a day with breaks. And then to send them in to the school according to the teacher's instructions.
- **Don't hesitate to ask for help.** Do you need help communicating with the school? You can be provided with translations and interpreting by www.integracnicentra.cz and www.meta-ops.cz. If your child needs help with preparation at home, you can contact volunteers from a number of organisations. The contact information is available here: <https://cizinci.npocr.cz/prehled-moznosti-distancniho-doucovani-zaku-s-odlisnym-materskym-jazykem/>
- **Enable your child to maintain contact with Czech.** Even when there are no school lessons, it is necessary to ensure that your child maintains active contact with Czech, especially if you do not speak Czech at home. The completion of school tasks is not sufficient. Some help can be found in Czech Television's broadcasts aimed at school-age children, for example UčíTelka, or Czech Radio's Rádio Junior. You can find inspiration at <https://cizinci.npocr.cz/tlumoceni-a-preklady/#inforod> in the section entitled "online zdroje pro učení".
- **Learn Czech with your child.** Show your child that you also want to perfect your Czech. Watch Czech films or education programs together, listen to audiobooks or try interactive online language courses together: <https://www.cestina2.cz/>, <https://www.mluvtecesky.net> or the mobile phone apps [Duolingo](#) or [Memrise](#)
- **Reward your child's efforts.** Doing school exercises in a language other than one's mother tongue is hard work. Praise your child for his or her efforts when completing the given tasks, show your child that you believe in his or her ability and provide support in the case of any failure.

*the translation of the text in foreign languages is available at: <https://cizinci.npocr.cz/tlumoceni-a-preklady/#inforod>